

## TOASTIES

<b>PEPPERJACK CHICKEN</b> (DFO, GFO) CHEDDAR, TOMATO, LETTUCE, AVOCADO & MAYO	<b>\$12.9</b>
<b>GRILLED CHICKEN</b> (GFO, DFO) MOROCCAN SPICED CHICKEN, CHEDDAR, SPINACH, TOMATO, AVOCADO, AIOLI	<b>\$12.9</b>
<b>CHICKEN SCHNITZ</b> (GFO, DFO) LETTUCE, TOMATO, BBQ SAUCE, AIOLI	<b>\$12.9</b>
<b>B.L.A.T</b> (GFO, DFO) BACON, LETTUCE, AVOCADO TOMATO, AIOLI	
<b>ROAST VEG</b> (GFO, DFO) ROASTED CAPSICUM, PUMPKIN, EGGPLANT, BABY SPINACH, CHEDDAR	<b>\$13.9</b>
<b>HAM &amp; CHEESE AND TOMATO</b> (GFO, DFO)	<b>\$10.9</b>

"ALL TOASTIES ARE GRILLED IN OUR SPECIAL HERB BUTTER BASTING"

## BREAKFAST & LUNCH MENU

<b>BIG BREKKIE</b> 2 POACHED/FRIED EGGS, TOMATOES, SAUTE SPINACH, CHORIZO, BACON, TOMATOE RELISH SERVED WITH SOURDOUGH /MULTIGRAIN TOAST	<b>\$23.9</b>
<b>VEGETERIAN BREKKIE</b> 2 POACHED/FRIED EGGS, TOMATOES, SAUTE SPINACH, 2 HASH BROWN, AVACADO, TOMATOE RELISH SERVED WITH SOURDOUGH /MULTIGRAIN TOAST	<b>\$17.9</b>
<b>JUST 2 EGGS</b> POACHED/FRIED EGGS OR SCRAMBLE WITH SOURDOUGH/MULTIGRAIN TOAST	<b>\$13.9</b>
<b>SMASHED AVACADO</b> CHEERY TOMATOE, POACHED/FRIED EGGS, FETTA , DUKKAH, SERVED WITH SOURDOUGH /MULTIGRAIN TOAST <b>ADD FRESH CHILLI OIL</b> OPTIONAL	<b>\$19.9</b>
<b>CHILLI SCRAMBLED EGG</b> FETTA, THYME, CHILLI SERVED WITH SOURDOUGH /MULTIGRAIN TOAST <b>ADD FRESH CHILLI OIL</b> OPTIONAL <b>ADD CHORIZO \$2</b>	<b>\$18.9</b>
<b>BREAKFAST OMLETTE</b> CHOICE OF LEG HAM OR CHORIZO OR MUSHROOM SERVED WITH SPANISH ONIONS ,CORIANDER , SOURDOUGH /MULTIGRAIN TOAST	<b>\$20.9</b>
<b>GRANALA</b> CHOICE OF COCONUT YOUGHOURT, MIXED WITH SEASONEL FRUITS	<b>\$18.9</b>
<b>EGGS BENDICT</b> POACHED EGGS, SPINACH , HAM , HOLLANDAISE SERVED WITH SOURDOUGH /MULTIGRAIN TOAST	<b>\$18.9</b>
<b>SOURDOUGH / MULTIGRAIN TOAST</b> VEGIMITE, JAM, PEANUT BUTTER OR BISCOFF	<b>\$6.9</b>
<b>BERRY WAFFELS</b> 2 PIECE OF WAFFEL, CHOCOLAITE SAUSE, MIXED BERRIES, HAZELNUT CRUMBLE, MAPLE SYRUP SERVED WITH VANILLA ICE CREAM	<b>\$20.9</b>
<b>SOUTHERN FRIED CHICKEN BURGER</b> LETTUCE, CHEESE, SECRET SAUCE, PICKELS & GRILLED ONIONS	<b>\$20.9</b>
<b>WAGYU BEEF BURGER</b> LETTUCE, TOMATOES, PICKEL, MUSTARD, MAYO, GRILLED ONIONS, CHEESE & KETCHUP	<b>\$20.9</b>
<b>SUPER BREKKIE BOARD</b> <2PEOPLE> MINI GRANOLA X 2, CHEESEY HASHBROWNS X 2, TOAST X2, POACHED EGGS X2, DUKKAH ROLLED GOATS CHEESE, BACON, MUSHROOMS, ORANGE JUICE, HALLOUMI SKEWERS, AVOCADO & SEASONAL FRESH FRUITS	<b>\$62.9</b>
<b>SWEETCORN FRITTERS</b> WITH SMOKED SALMON, DILL-CAPER SOUR CREAM, BETROOT RELISH, POACHED EGG	<b>\$25.9</b>
<b>TOFU SCRAMBLE</b> BOK CHOY, ASPARAGUS, GREEN BEANS, BRUSSELS SPROUTS, CHILLI, SOURDOUGH	<b>\$24.9</b>
<b>OAT+ CHIA PORRIDGE</b> (DAIRY FREE) SOY MILK BASE WITH APPLE, RHUBARB, COYO + GRANOLA	<b>\$20.9</b>
<b>THAI STYLE CHICKEN SALAD</b> RICE NOODLES, WOMBOK, BEAN SPROUTS, ROASTED PEANUTS, SWEET & SOUR COCONUT GINGER DRESSING	<b>\$20.9</b>
<b>LAMB SANDWICH</b> SPICED LAMB, CORIANDER MINT CHUTNEY, ROCKET	<b>\$19.9</b>
<b>STEAK SANDWICH</b> SCOTCH FILLET. ROCKET, TOMATO, VINTAGE CHEDDAR, ONION JAM, AIOLI	<b>\$21.9</b>

## EXTRA

EXTRA TOAST / RELISH / 1 EGG GLUTEN FREE TOAST / DANISH FETA HOLLANDAISE / FRESH CHILLI	<b>\$2</b>
SPINACH / TOMATO MUSHROOMS	<b>\$4</b>
BACON / CHEESEY HASHBROWN / CHORIZO I AVACADO / FETTA/ HALLOUMI / POACHED CHICKEN	<b>\$6</b>
SMOKED SALMON	<b>\$7.5</b>

## KIDS MENU

<b>NUGGETS &amp; CHIPS</b>	<b>\$9.5</b>
<b>1 EGG ON TOAST+BACON</b>	<b>\$9.5</b>
<b>PANCAKES</b> WITH MAPLE, ICECREAM, SPRINKLES	<b>\$13.9</b>
<b>HAM CHEESE TOASTIE</b> WITH POPCORN	<b>\$8.5</b>
<b>TOAST WITH SPREAD</b>	<b>\$5.5</b>
<b>VEGEMITE + CHEESE SOLDIERS</b>	<b>\$6.9</b>
<b>MINI CHIPS</b>	<b>\$6.9</b>
<b>MINI MILKSHAKE</b>	<b>\$5.5</b>
<b>BOWL OF CHIPS</b>	<b>\$9.9</b>
<b>1PC CHEESY TOAST</b>	<b>\$5.5</b>

15% PUBLIC HOLIDAY SURCHARGE APPLIES

## SALADS

<b>QUINOA SALAD</b> CHINCA PEAS, CORNS, CHERRY TOMATOES, AVACADOE, CUCUMBER, SPANISH ONIONS,OLIVES, FETTA, TOASTED PINE NUTS, BASIL WITH ITALIAN DRESSING <b>ADD GRILLED CHICKEN \$4</b>	<b>\$18.9</b>
<b>GREEK SALAD</b> MIXED LEAVES, OLIVES, FETTA , TOMATOES, SPANISH ONIONS, CUCUMBER, GREEN CAPSICUM, OREGANO WITH ITALIAN DRESSING <b>ADD GRILLED CHICKEN \$4</b>	<b>\$16.9</b>

## TURKISH ROLL

<b>EGG BACON</b> MAPLE BACON, FRIED EGG, ROASTED CAPSICUM, MAYO WITH SALT & PEPPER	<b>\$10.9</b>
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## DRINKS

<b>HOT DRINKS</b> (COFFEE SERVED UNTIL 2PM)	<b>8 OZ / 12 OZ</b>
<b>HOUSE BLEND</b> (LATTE, CAPPUCCINO, FLAT WHITE, LONG MAC, SHORT MAC, MAGIC)	<b>\$3.8 / 4.8</b>
<b>LONG BLACK / ESPRESSO</b>	<b>\$3.5 / .70C</b>
BONSOY / MILKLAB ALMOND / LACTOSE FREE /OAT	
<b>SINGLE ORIGIN</b> (SEE GRINDER OR ASK STAFF)	<b>\$3.8 / 4.8</b>
<b>DECAF</b> (COLOMBIAN, MEDELLIN EXCELSCO DECAFFEINATED)	<b>\$3.8 / 4.8</b>
<b>MATCHA LATTE</b>	<b>\$3.8 / 4.8</b>
<b>GOLDEN GRIND LATTE</b> TURMERIC, GINGER & CINNAMON BASE W A TOUCH OF HONEY	<b>\$3.8 / 4.8</b>
<b>WHITE HOT CHOC / HOT CHOC</b>	<b>\$3.8 / 4.8</b>
<b>BETROOT LATTE</b> NATURAL EARTHY FLAVOUR WITH VELVETY TEXTURE & SWEET NOTE	<b>\$3.8 / 4.8</b>
<b>PRANA CHAI (12 OZ BREW ONLY)</b> HANDMADE WET CHAI WITH BLEND OF SPICES BREWED TO PERFECTION	<b>\$5</b>
<b>SPICED CHAI</b> POWDERED CHAI MIX WITH SWEET TASTING NOTES	<b>\$3.8 / 4.8</b>
<b>CHAMELLIA ORGANIC TEA (POT) \$4.5</b> PEPPERMINT / EARL GREY / GREEN / CHAMOMILE / LEPPERMINT / LEMONGRASS & GINGER	

## COLD DRINKS

<b>ICED MATCHA / ICED MOCHA</b>	<b>\$8.5</b>
<b>ICED COFFEE / ICED CHOCOLATE</b>	<b>\$8.5</b>
<b>MILKSHAKE</b> CHOCOLATE / STRAWBERRY / CARAMEL /VANILLA	<b>\$8.5</b>

## SMOOTHIES DRINKS

<b>MANGO PASSION</b> (MANGO, PASSIONFRUIT & MANGO NECTAR)	<b>\$11.9</b>
<b>TROPICAL PARADISE</b> (BANANA, MIX BERRIES, MANGO, APPLE JUICE, STRAWBERRY)	<b>\$11.9</b>
<b>SUPER SMOOTHIE</b> (BANANA, BLUEBERRIES, COYO, ALMOND MILK, HONEY,CHIA, COCONUT)	<b>\$11.9</b>

## FRESH JUICES

<b>FRESH ORANGE</b>	<b>\$8</b>
<b>FRESH START</b> (APPLE, CARROT, CELERY & GINGER)	<b>\$8.9</b>
<b>DETOX</b> (APPLE, CARROT, BEETROOT & GINGER)	<b>\$8.9</b>
<b>REFUELLER</b> (APPLE, ORANGE & CARROT)	<b>\$8.9</b>