

## TOASTIES

<b>PEPPERJACK CHICKEN</b> (DFO, GFO) CHEDDAR, TOMATO, LETTUCE, AVOCADO & MAYO	<b>\$12.9</b>
<b>GRILLED CHICKEN</b> (GFO, DFO) MOROCCAN SPICED CHICKEN, CHEDDAR, SPINACH, TOMATO, AVOCADO, AIOLI	<b>\$12.9</b>
<b>CHICKEN SCHNITZ</b> (GFO, DFO) LETTUCE, TOMATO, BBQ SAUCE, AIOLI	<b>\$12.9</b>
<b>B.L.A.T</b> (GFO, DFO) BACON, LETTUCE, AVOCADO TOMATO, AIOLI	
<b>ROAST VEG</b> (GFO, DFO) ROASTED CAPSICUM, PUMPKIN, EGGPLANT, BABY SPINACH, CHEDDAR	<b>\$13.9</b>
<b>ROAST LAMB</b> (GFO, DFO) 24HR SLOW ROASTED SPICED LAMB, MINT SAUCE, BABY SPINACH.	<b>\$15.5</b>

"ALL TOASTIES ARE GRILLED IN OUR SPECIAL HERB BUTTER BASTING"

## BAGELS

<b>SMOKED SALMON</b> (GFO, DFO) CAPERS, CREAM CHEESE, RED ONION	<b>\$12.9</b>
<b>MOROCCAN CHICKEN</b> (GFO, DFO) ROASTED CAPSICUM, BABY SPINACH, PESTO	<b>\$11.9</b>

## KIDS MENU

<b>NUGGETS &amp; CHIPS</b>	<b>\$9.5</b>
<b>BOWL OF CHIPS</b>	<b>\$9.9</b>
<b>1PC CHEESY TOAST</b>	<b>\$5.5</b>

15% PUBLIC HOLIDAY SURCHARGE APPLIES

## DRINKS

<b>HOT</b> (COFFEE SERVED UNTIL 2PM)	<b>8 OZ / 12 OZ</b>
<b>HOUSE BLEND (DARK HORSE)</b> (LATTE, CAPPUCCINO, FLAT WHITE, LONG MAC, SHORT MAC, MAGIC)	<b>\$3.8 / 4.8</b>
<b>LONG BLACK / ESPRESSO</b> BONSOY / MILKLAB ALMOND / LACTOSE FREE / OAT	<b>\$3.5 / .70C</b>
<b>SINGLE ORIGIN</b> (SEE GRINDER OR ASK STAFF)	<b>\$3.8 / 4.8</b>
<b>DECAF</b> (COLOMBIAN, MEDELLIN EXCELSCO DECAFFEINATED)	<b>\$3.8 / 4.8</b>
<b>MATCHA LATTE</b>	<b>\$3.8 / 4.8</b>
<b>GOLDEN GRIND LATTE</b> TURMERIC, GINGER & CINNAMON BASE W A TOUCH OF HONEY	<b>\$3.8 / 4.8</b>
<b>WHITE HOT CHOC / HOT CHOC</b>	<b>\$3.8 / 4.8</b>
<b>BEETROOT LATTE</b> NATURAL EARTHY FLAVOUR WITH VELVETY TEXTURE & SWEET NOTE	<b>\$3.8 / 4.8</b>
<b>PRANA CHAI (12 OZ BREW ONLY)</b>	<b>\$5</b>
HANDMADE WET CHAI WITH BLEND OF SPICES BREWED TO PERFECTION	
<b>SPICED CHAI</b> POWDERED CHAI MIX WITH SWEET TASTING NOTES	<b>\$3.8 / 4.8</b>
<b>CHAMELLIA ORGANIC TEA (POT) \$4.5</b> ENGLISH BREAKFAST / EARL GREY / GREEN / CHAMOMILE / PEPPERMINT / LEMONGRASS & GINGER	

## DRINKS

<b>COLD</b>	
<b>ICED MATCHA / ICED MOCHA</b>	<b>\$8.5</b>
<b>ICED COFFEE / ICED CHOCOLATE</b>	<b>\$8.5</b>
<b>MILKSHAKE</b> CHOCOLATE / STRAWBERRY / CARAMEL / VANILLA	<b>\$8.5</b>

## DRINKS

<b>SMOOTHIES</b>	
<b>MANGO PASSION</b> (MANGO, PASSIONFRUIT & MANGO NECTAR)	<b>\$11.9</b>
<b>TROPICAL PARADISE</b> (BANANA, MIX BERRIES, MANGO, APPLE JUICE, STRAWBERRY)	<b>\$11.9</b>

## FRESH JUICES

<b>FRESH ORANGE</b>	<b>\$8</b>
<b>WATERMELON</b>	<b>\$8</b>
<b>FRESH START</b> (APPLE, CARROT, CELERY & GINGER)	<b>\$8.9</b>
<b>DETOX</b> (APPLE, CARROT, BEETROOT & GINGER)	<b>\$8.9</b>
<b>REFUELLER</b> (APPLE, ORANGE & WATERMELON)	<b>\$8.9</b>

## MERCHANDISE

	<b>1KG / 250G</b>
<b>COFFEE</b> (5 SENSES DARKHORSE BLEND)	<b>\$56 / \$15</b>
<b>PRANA CHAI</b>	<b>\$70 / \$22.5</b>

## KITCHEN BASICS

<b>RE-USABLE CUPS</b>	
<b>BINO 8OZ BY FRESSKO</b>	<b>\$34.95</b>
<b>CAMINO 12OZ BY FRESSKO</b>	<b>\$39.95</b>
<b>MILK LAB 1 LITRE (ALMOND, LACTOSE FREE, COCONUT)</b>	<b>\$5.95</b>
<b>BONSOY / OAT MILK 1 LITRE</b>	<b>\$5.5</b>
<b>PROCAL MILK 2 LITRE (FULL CREAM / SKINNY)</b>	<b>\$4.5</b>

## CAKES

**PLEASE CHECK OUT THE DISPLAY FRIDGE FOR ALL THE AMAZING  
CAKES, PASTRIES & SLICES**